# Sequatchie Co. 4-H

# **Demonstration Contest**

## A "Shown and tell" related to your 4-H project

- Demonstrations should be 3 to 5 minutes in length
- "Show how" to do something related to a project area (see list).
- NO LIVE ANIMALS MAY BE USED IN DEMONSTRATIONS

### Some Suggestions

- Use visual aids, like posters and supplies to make sure your listeners can see and understand the topic
  - Posters are helpful to explain your project. Try to use 3 types posters:
    - Title poster
    - Materials needed
    - Steps to follow
- Make sure posters are neat and easy to read
- Your introduction should catch the audience's attention and introduce your topic. Do not introduce yourself
- Show a finished product you have already completed or make another one as you go.
- Remember to look at your audience.
- Smile!
- Do not read from a sheet of paper. It is all right, however, to use note cards.
- Have an ending to your demonstration. Do not just stop talking.





#### **Project List**

- Animal Science-Beef Animal Science-Dairy Animal Science-Goat Animal Science-Horse Animal Science-Poultry Animal Science-Sheep Animal Science-Swine Citizenship Clothing/Textiles Companion Animal Computers and Technology Communications/Public Speaking Consumer Ed./Economics
- Electric Engineering/Safety Science Entomology Food Science Forestry, Wildlife & Fisheries Horticulture/Garden Leadership/Personal Development Line and Design Nutrition, Health and Fitness Performing Arts/Recreation Photography Plant Science Veterinary Science

Here are some topic ideas for some of the projects. These are only examples feel free to develop your own topic

#### PROJECTS

#### TOPICS

Animal Science-Goat	Breeds of Goats
Animal Science-Horse	Types of saddles
Animal Science-Poultry	Breeds of Chickens
Citizenship	How to fold A Flag
Clothing/Textiles	How to sew a button on
Companion Animal	How to care for a Pet (dog, cat etc)
Computers and Technology	How to Clean a Computer
Communications/Public Speaking	How to Give a Speech
Consumer Ed./Economics	How to Write a Check OR Balance a Checkbook
Electric	How a simple electric circuit works
Engineering/Safety Science	How to fix a bicycle OR How an Engine Works
Entomology	How to Identify Butterflies OR Beekeeping
Food Science	Safe Food Handling
Forestry, Wildlife & Fisheries	Build a Bird House OR How to Identify Trees
Horticulture/Garden	How to Plant a flower
Leadership/Personal Development	My Hobby OR Parliamentary Procedures
Line and Design	Cross Stitching OR How to make a craft
Nutrition, Health and Fitness	How to prepare a nutritious Snack OR Exercise
Performing Arts/Recreation	How to play a game OR a musical instrument
Photography	How to Use a Camera
Plant Science	How a plant grows OR Make a Terrarium
Veterinary Science	How to vaccinate an animal (Dog, cat, cow, etc)